

## ADULT PROGRAMMING REPORT May 2015

**Display Case:** This month's display case features figurines of elephants from around the world. This collection is owned by Margie Carrington.

**Poetry Contest:** A poetry contest was held to celebrate National Poetry Month in April. The winning poem was "The Beauty of the Sunflower" by Betty Jane Taylor. Betty won a cash prize of \$25.00.



**Vascular Screening:** Allegiant Health held a vascular screening in which patients were seen by appointment.



**Learn About Yoga:** Paula DeJongh, Certified Yoga Instructor and owner of "All Things Serenity" discussed the wonderful proven benefits of yoga for every body, mind and spirit. A question and answer period followed the program.

**Backyard Birding Program and Workshop:** Gene Wasserman, member of the Michigan Bluebird Society and the North American Bluebird Society, and owner of the non-profit business "WoodCraft Kits", discussed feeding and housing of backyard song birds. A question and answer period followed the program. Participants were able to construct a bird feeder using Gene's kits after the discussion.



### Coffee: From the Tree to Your Table:

Phillip Jewell from Blue Hat Coffee, led a discussion on the history of coffee and the trail from exotic locations around the world to the cup that you have every morning. Free coffee samples were given out as well.